## Good to Know 3rd December 2021

## **Working with Families News**

News:	For more info:
Keep up-to-date on the latest <b>Covid-19</b> restrictions.	https://www.sandwell.gov.uk/localr estrictions
Funded through Public Health England's 'Better Mental Health', we are pleased to announce that we now have online and face to face Changes Sessions available for Sandwell families to attend. If you know a family who you think would benefit from attending a FREE Changes programme, then please encourage them to book onto a 6 week course or taster session.	https://bookwhen.com/book4chang es More dates and times will be added soon, so keep checking the booking page.
Keep checking our booking website for new and exciting FREE activities for <b>expectant mums living in Sandwell.</b> Funded by Public Health England's Better Mental Health, the activities include Aquanatal, Bump to Baby, Pregnancy Fitness Yoga and antenatal classes, for parents and grandparents. More activities and dates will be added soon, so keep checking the booking page.	For expectant families living in Sandwell: https://bookwhen.com/changes
We are also pleased to be offering a range of FREE activities for families living in Sandwell with baby under 1 years old. Activities include Baby Sensory, Tots Talking, Babbling Babies, Chat with Family Information Service and Tree Babies. More free activities will be added shortly.	For new families with a baby under 1 years old:  https://bookwhen.com/book4chang  es
South Staffs Water has updated its <b>Priority Services Register</b> and it now includes families with children under 5yrs, temporary post hospital recovery (including giving birth) and self-isolating due to Covid-19.	https://www.south-staffs- water.co.uk/household/extra- help/priority-services-register
Sandwell Parents for Disabled Children has posted their December newsletter on their website.	http://www.sp-dc.org
The Albion Foundation is launching a new group in January, Baggies Boing Zone Kickers Group. This is a new sports-based group for children between the age of 18 months - 2 years. This session will be a mixture of different sporting activities as well as basic understanding of ABC, 123, shapes, colours and much more. Follow the link to book.	https://events.albionfoundation.co.u k/event/baggies_boing_zone_kickers group_21012022?fbclid=lwAR1iN78 rcXlvn4BRodlC6xDMa-6R- JG0trkDciHD68WDJpUzmPziSKhoQul #init

Kaleidoscope Plus currently have a couple of vacancies, including a Head of People and Culture role and a People and Culture Officer role which it would like to fill.	https://www.kaleidoscopeplus.org.u k/current-vacancies/
A new service has been launched in Sandwell that provides advice, information and support across the borough for anyone living with the effects of dementia or a memory concern.  Sandwell Community Dementia Service has been commissioned by Sandwell Council and the NHS Black Country & West Birmingham Clinical Commissioning Group. The service comprises of nine local voluntary sector organisations, with the lead provider being Crossroads Caring for Carers.	Referrals can be made by calling 0121 726 8543, or by emailing care.vn4m2@nhs.net.  More info: https://www.sandwell.gov.uk/news/article/6262/new_service_delivers_support_to_those_living_with_the_ef_fects_of_dementia
Vodafone has launched its <b>ReBoxing Day</b> to encourage people to donate their old, unused mobiles, tablets and laptops to its Great British Tech Appeal. Vodafone will add free data, calls and texts to the donated devices and re-gift them to families and young people who need them through charity partner Barnardo's.	https://www.vodafone.co.uk/help- and-information/tech-appeal
The Mayor of Sandwell is appealing for donations of Christmas presents for <b>Santa's Black Country Toy Appeal</b> . Donations of new items can be made at any of Sandwell's 19 libraries until Friday 10th December.	https://www.sandwell.gov.uk/news/article/6272/donate gifts this christmas to santas black country toy appeal
Shoppers will be able to <b>park for free</b> at Sandwell Council's town centre car parks on the two Saturdays before Christmas (11th and 18th December).	https://www.sandwell.gov.uk/news/article/6274/free parking on two saturdays before christmas at sandwell council town centre car park
This year, there is the biggest ever <b>Christmas experience in Sandwell</b> . Take a look at the magical line up of seasonal events to suit all members of the family.	https://www.discoversandwell.co.uk /whatson/
If you would like to promote services or information in this newsletter or share a good news story, please contact the team.	Parent Support Team parent support@sandwell.gov.uk

