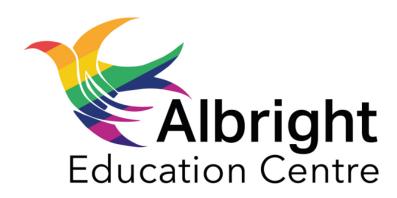
Physical Restraint Policy



Sandwell Home and Hospital Tuition Service

Signed by Chair of Governors:

Leon

Date ratified by Governing Body: 04.05.2022

Date of Review: 04.05.2025











PHYSICAL RESTRAINT POLICY

- Physical restraint is the positive use of non-harmful force to restrict a pupil's movement against his/her will. It is used with the intention of protecting a pupil from harming himself/herself or others.
- The policy at Albright is to avoid physical restraint of pupils.
- The centre's Behaviour Policy gives guidelines for dealing with unacceptable behaviour which should be followed in most cases.
- The centre caters for ill and very vulnerable young people and our pupil riskassessment procedure aims to ensure that pupils are not accepted in the Centre if they are likely to need physical restraint.
- If a pupil attempts to leave the centre without permission he/she is likely to be in a state of high anxiety and should never be physically restrained. Staff should follow the guidelines in the Relational Policy to deal with such situations.
- If a pupil is behaving in such a way as to physically attack another pupil or staff, any member of staff may use normal, reasonable force to prevent such an attack (i.e. separating). In such a situation the focus should be on the safety of those involved and ensuring that other pupils are removed from the area as swiftly and safely as possible.
- In the unlikely event that such a situation occurs a member of SLT should be summoned by sending a pupil/staff member to the admin offices.
- The member of SLT will use the minimum force to intervene if there is no viable alternative.

After an incident:

- The Headteacher/Deputy Headteacher should be informed immediately.
- An incident report should be completed in the Incident book found in the reception office and on Health & Safety report form.
- The Head/Deputy will decide when and how to inform parents/carers.
- Further disciplinary action will follow the guidelines in policies relating to discipline and Health and Safety.
- Appropriate support will be available for individuals involved in the incident.
- All incidents will be reviewed to establish causes, appropriateness of action and the need to amend procedures.