

Physical Restraint Policy



Sandwell Home and Hospital Tuition Service

Signed by Chair of Governors:



Date ratified by Governing Body: 04.05.2022

Date of Review: 04.05.2025



PHYSICAL RESTRAINT POLICY

- Physical restraint is the positive use of non-harmful force to restrict a pupil's movement against his/her will. It is used with the intention of protecting a pupil from harming himself/herself or others.
- The policy at Albright is to avoid physical restraint of pupils.
- The centre's Behaviour Policy gives guidelines for dealing with unacceptable behaviour which should be followed in most cases.
- The centre caters for ill and very vulnerable young people and our pupil risk-assessment procedure aims to ensure that pupils are not accepted in the Centre if they are likely to need physical restraint.
- If a pupil attempts to leave the centre without permission he/she is likely to be in a state of high anxiety and should never be physically restrained. Staff should follow the guidelines in the Relational Policy to deal with such situations.
- If a pupil is behaving in such a way as to physically attack another pupil or staff, any member of staff may use normal, reasonable force to prevent such an attack (i.e. separating). In such a situation the focus should be on the safety of those involved and ensuring that other pupils are removed from the area as swiftly and safely as possible.
- In the unlikely event that such a situation occurs a member of SLT should be summoned by sending a pupil/staff member to the admin offices.
- The member of SLT will use the minimum force to intervene if there is no viable alternative.
- After an incident:
 - The Headteacher/Deputy Headteacher should be informed immediately.
 - An incident report should be completed in the Incident book found in the reception office and on Health & Safety report form.
 - The Head/Deputy will decide when and how to inform parents/carers.
 - Further disciplinary action will follow the guidelines in policies relating to discipline and Health and Safety.
 - Appropriate support will be available for individuals involved in the incident.
- All incidents will be reviewed to establish causes, appropriateness of action and the need to amend procedures.