

Dear Parent(s) and Carer(s)

I hope you have all managed to keep yourselves warm this week, it has been bitterly cold (but also a little bit beautiful with the frost!) At the bottom of this letter is some extra information advising the best ways to keep warm and also keep the costs down.



The children have been engaging in some lovely Enrichment activities this week - Myself and Mr Panjanaden had the pleasure of going around all sessions and seeing the variety of fun activities being offered to pupils... from Boxing (run by Boxclever) to 'Knit and Natter', Painting and Collage, Pokémon and Multi Sports at a local leisure centre - a real range for everyone this half term. We even have one of our Post 16 pupils running a small group for a Comic Book Club. It is lovely to see pupils enjoying new activities and fabulous to experience the relaxed, family feel to our Friday afternoons where they are engaged in purposeful but fun sessions. If anyone would like to suggest anything new for next half-term then please come and have a chat with me or Miss Powers.



**HOME & HOSPITAL TUITION SERVICE**

Albright Education Centre  
 South Tipton Campus Site  
 Alexandra Road  
 Tipton  
 West Midlands  
 DY4 7NR

Telephone: 0121 533 5806



Quick Reminder:

This is a very short half-term, last day is on Friday 9<sup>th</sup> February, returning Monday 19<sup>th</sup> February - please add it to your calendars. A polite reminder that we do not authorise holidays in term-time, in line with Sandwell's policies - please make every effort to book these in the holiday weeks - thank you for your co-operation and support with this.

Extra information to share with you;

NSPCC Online Gaming and Keeping Children Safe - FREE Webinar for parents.

NHS advice on keeping warm in the cold weather during the cost-of-living crisis



**NSPCC**  
**Online gaming and keeping children safe**

**Do you know your whispers from your skins? Your Fortnite from your EA Sports FC 24?**

As part of the NSPCC Game Safe Festival, we're encouraging parents, carers and those working with children and families to have conversations about online gaming.

**GamCare will be sharing expert advice, and you'll hear directly from young people.**

**Our webinar will help you:**

- understand how young people game online.
- learn about tools and resources that support safe play.
- gain the knowledge you need to keep children safe.













**7 February 2024, 7pm-8pm, via Zoom. Book your place via this link: [nspcc.org.uk/gamesafe/tickets](https://nspcc.org.uk/gamesafe/tickets)**

**GAME SAFE FESTIVAL**

EVERY CHILDHOOD IS WORTH FIGHTING FOR

**KEEP WARM & WELL**

Coping with cold weather and the cost of living

-  Check that your heating is working and try to heat your home to at least 18°C
-  Ensure you have adequate food, medication, warm clothes and non-slip shoes
-  For support with the cost of living, visit the [BCC website](#) or call 0121 303 1116
-  Stay as active as you can, any exercise can bring health benefits
-  Make sure you get your flu and Covid-19 vaccines
-  Keep windows closed at night and avoid cold and icy outdoor conditions if you are at risk of illness or falls
-  Get help if you need it. Speak to your carer, key worker, pharmacist or GP
-  Keep in touch with friends, family and your community
-  Look out for others and ask how they're keeping warm when it's cold
-  Plan ahead and stay up-to-date with your local weather forecast
-  For free advice on energy efficiency, grants and bills, call Simple Energy Advice on 0800 098 7950
-  If worried about your health and need help, use the NHS details below...

**VISIT 111.NHS.UK OR CALL 999 IN AN EMERGENCY**

OFFICIAL

Have a lovely weekend!  
Mrs Hazelwood

**HOME & HOSPITAL TUITION SERVICE**

Albright Education Centre  
South Tipton Campus Site  
Alexandra Road  
Tipton  
West Midlands  
DY4 7NR

Telephone: 0121 533 5806

