

Personal Social & Health Education Policy



Sandwell Home and Hospital Tuition Service

Signed by Chair of Governors:



Date ratified by Governing Body: 07.02.2024

Date of Review: 07.02.2026



Introduction:

Personal, Social, Health and Economic (PSHE) education is an important and necessary part of all pupils' education. At Albright, we teach PSHE, drawing on good practice and an understanding of our pupils and their needs.

PSHE is a non-statutory subject, but we do have a curriculum in place across Primary and Secondary school years, that follows a scheme of work each term. In collaboration with the PSHE association, lessons and themes are updated and inserted, as appropriate to remain relevant and in this sense, the programme of study is dynamic.

Albright Education Centre's PSHE education programme equips pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

We have followed the statutory guidance and incorporated age appropriate lessons on drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle.

Albright Ethos and Philosophy

At Albright Education Centre we take a whole school approach to Personal, Social, Health and Economic education and development. This reflects the needs of the ever-changing pupils and the ethos of the school.

Personal and Social Education includes, PSHE lessons, Health Education, Citizenship, Careers, assembly participation, the enrichment programme and cross-curricular days.

We aim to empower all pupils with the confidence, skills and knowledge to be safe and healthy, to form and maintain good relationships and feel positive about their future.

Whole School Approach

Provision for PSHE at the school comes from a variety of identifiable sources.

Timetabled Lessons – one 50 minute lesson per teaching group delivering a scheduled PSHE programme covering all aspects of the guidance.

Pastoral / Academic Support - Through tutor time, monitoring, student wellbeing, support and target setting.

Enrichment Programme - Through a growing range of activities and wider opportunities pupils have the chance to develop personally and socially within the once a week enrichment programme.

Mentoring Programme - Interventions drop ins, workshops and work with outside agencies to meet bespoke needs.

Cross-Curricular Days – An opportunity for pupils to work together as a school on wider aspects of the curriculum – debate, democracy etc.

Key Process

Identification of need

The PSHE programme is designed in order for all pupils to receive good teaching across all the Core Themes. Any changes or additions to the curriculum is highlighted through daily briefing, weekly meetings, advice from school nurse, mainstream school information on referral and issues raised in the initial meeting and induction programme.

Responsibility

Responsibility for KS3 and 4 PSHE rests with Vic Panjanaden - Home & Hospital Tuition Co-ordinator. The Primary Transition Co-ordinator holds responsibility for the primary PSHE curriculum.

Evaluation

Regular monitoring of all aspects of development in this area. Key indicators include:

- School Culture
- Feedback from tutors and teachers
- Feedback from support staff
- Attendance
- Level of opportunities for student involvement
- Feedback from parents
- Development Plan
- Survey results
- Observations/learning walks/pupil voice
- Safeguarding incidents

Assessment

- Evidence based self-assessment
- Self-assessment by students, and peer assessment
- In built assessment processes through planning and teaching methods

PSHE Education and Safeguarding

Teaching about safety and relationships as part of PSHE education contributes to how Albright Education Centre approaches the safeguarding of pupils. It helps pupils to recognise when they and others are at risk and equips them with the skills, strategies and language they need to take appropriate action.

Staff Development

PSHE staff are members of the PSHE Association and are in contact with the local Authority Advisor for PHSE.

Differentiation and Inclusion

Lessons and resources are planned available for teachers to take an approach that they feel comfortable with and adapt to the needs of the group.

Differentiation for students is explicit in most KS3 & 4 lessons with three degrees of challenge. However, the majority of the work will mainly be through outcome, where there is an emphasis on discussion. All resources can be adapted to suit the need of individual pupils.

Parents

Parents/Carers can see resources used on our open evening and can contact school at any time.

Information is published on the school website and letters are sent home regarding PSHE and RSE education and special visits.

Links to other policies:

- Anti-bullying
- Behaviour
- Careers Education Information and Guidance
- Citizenship
- Equal Opportunities
- Healthy Eating and Drinking
- Safeguarding
- RSE Education
- Online safety

Pupil Voice

Pupil Voice is very much part of how PSHE lessons are delivered with lots of discussion and debate. Regular monitoring and evaluation of quality involves pupil voice, staff voice, work sampling and formally through student evaluations.

Curriculum Overview

Subject: KS3/4 PSHE



	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
KS3	British Values Domestic Conflict Extremism Radicalisation P + D - Religion	Safe Sex Contraception STIs Sexting Dangers of Pornography Body Image – Male Focus	Finance Income and Expenditure Tax and NI Careers Focus – Skills Entrepreneurs	Self Confidence and Goals Personal Development and Target Setting Managing Behaviour Mindfulness	Vaping, Nicotine and Addiction Cancer Awareness Personal Safety and First Aid Teen Pregnancy and Parenting	P + D – Disability Homophobia Teens and the Media Online Grooming The Environment
Year 10	Grief and Bereavement Suicide Social Anxiety Social Media and Self-esteem Screen Time Study Skills	Managing Time Effectively Living Sustainably Homelessness Hate Crime Tattoos and Piercings Binge Drinking	Career Choice CV's STEM Careers Work Experience Rights and Responsibilities at Work International Women's Day	Criminal Justice System Anti-Social Behaviour Crime, Gangs and County Lines Money Laundering Extremists Overt and Covert Racism Fake News	Conflict Management Forced and Arranged Marriages Harassment and Stalking Revenge Porn Role Models	Same Sex Relationships Gender and Trans Identity Community Cohesion Sexism and Gender Prejudice Parenting
Year 11	Importance of PSHE Identity and Diversity Privilege Obesity and Body Positivity Fertility and Reproductive Health CPR	Perseverance and Procrastination Sleep Risks Gambling Digital Footprints Personal Safety	Body Shaming Types of Relationships Consent, Rape and Sexual Abuse Safe Sex	Animal Rights Pollution and Plastic Globalisation Multiculturalism Right Wing Extremism The Dark Web Cybercrime and Online Fraud	Revision and Study Skills Applying to College and University Independent Living Job Interviews Health and Safety at Work Trade Unions	