



MEN'S MENTAL HEALTH

We would like to hear your views and ideas on how we can improve mental health support for men living and working in Sandwell.

Please scan the QR code to share your views. Let's build better mental health for Sandwell men. Thank you.

www.consultationhub.sandwell.gov.uk/public-health/mens-mental-health-campaign/



Feeling stressed or anxious? Remember it's OK to talk. Call 0800 008 6516 or text 07860 025 281 (24 /7 Black Country Urgent Mental Health Helpline)



Or Scan the QR code for assistance: